



St. Philip's Child Development Center Breakfast Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Pancakes Turkey Bacon Sliced Pineapples Milk	Whole Grain Cheerios Turkey Bacon Apple Slices Milk	Quaker Grits Orange Slices Milk	Apple Cinnamon Muffins Turkey Bacon Fresh Sliced Cantaloupe Milk	Quaker Oatmeal Banana Slices Milk
Week 2	Quaker Oatmeal Cantaloupe Slices Milk	Kix Cereal Apple Slices Milk	Kiggin's 100% Natural Oatmeal Fresh Strawberries Milk	Blueberry Muffins Turkey Bacon Banana Slices Milk	Quaker Grits Sliced Pineapples Milk
Week 3	French Toast Fresh Orange Slices Milk	Apple Cinnamon Muffins Turkey Bacon Banana Slices Milk	Quaker Grits Sliced Pineapples Milk	Honey Nut Cheerios Cantaloupe Slices Milk	Quaker Oatmeal Fresh Strawberries Milk
Week 4	Scrambled Eggs Turkey Bacon Fresh Strawberries Whole Wheat Toast Milk	Whole Wheat Bagels Cream Cheese Orange Slices Milk	Kiggin's Oatmeal Apple Slices Milk	Blueberry Muffins Turkey Bacon Sliced Apples Milk	Quaker Grits Fresh Pineapples Milk

2014-2015 School Year



St. Philip's Child Development Center Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Chicken Fajita Brown Rice Frozen Carrots Wheat Tortilla Bread Sliced Oranges Milk	Turkey Meatballs w/Gravy Mashed Potatoes Frozen Green Beans Wheat Toast Apple Slices Milk	Pot Roast w/Gravy Mashed Potatoes Frozen Green Peas Wheat Toast Pineapple Slices Milk	Ground Turkey w/Marinara Sauce Whole Wheat Penne Noodles Frozen Cauliflower Banana Slices Milk	Grilled Cheese on Wheat Bread (Frozen Vegetables) Vegetable Soup Fresh Strawberries Milk
Week 2	Grilled Chicken w/ Gravy Brown Rice Frozen Broccoli Pineapple Slices Milk	Beef Stew w/Mixed Vegetables Whole Wheat Dinner Rolls Salad w/Lettuce & Tomatoes Orange Slices Milk	Ground Turkey w/Marinara Sauce Spaghetti Noodles Frozen Carrots Banana Slices Milk	Chicken Tacos Brown Rice Peas & Carrots Whole Wheat Tortillas Fresh Strawberries Milk	Homemade Turkey Burgers on Whole Wheat bread Frozen Cauliflower Apple Slices Milk
Week 3	Beef Meatloaf w/Marinara Sauce Egg Noodles Frozen Broccoli Whole Wheat Tortillas Sliced Apples Milk	Baked Chicken Legs Brown Rice Frozen Peas Sliced Pineapples Milk	Grilled Cheese with Whole Wheat Toast String Beans Orange Slices Milk	Cheese Pizza on Whole Wheat Bagels Salad – Lettuce, Tomatoes Pineapples Slices Milk	Chicken Fajita Wheat Tortillas Frozen Carrots Fresh Cantaloupe Milk
Week 4	Turkey White Rice Frozen Cauliflower Banana Slices Milk	Grilled Chicken Breast White Rice Frozen Spinach Fresh Strawberries Milk	Pepper Steak White Rice Fresh String Beans Orange Slices Milk	Barbeque Chicken White Rice Frozen Broccoli Apple Slices Milk	Elbow Macaroni Beef Meat Sauce Salad w/Lettuce & Tomatoes Sliced Pineapples Milk



St. Philip's Child Development Center Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Banana Bread 100% Cherry Juice	Plain Yogurt Fresh Pineapple Slices	Blueberry Muffins Apple Slices	Graham Crackers Sliced Bananas	Whole Wheat Tortillas Salsa 100% Mango Juice
Week 2	Saltine Crackers Chicken Salad 100% Apple Juice	Fresh Sliced Strawberries Mozzarella String Cheese	Carrot and Berry Muffins Fresh Pineapple Slices	Ritz Crackers Cheddar Cheese	Goldfish Crackers Orange Wedges
Week 3	Raisin Bagels 100% Mango Juice	Triscuits 100% Pineapple Juice	Apple Sauce Cheddar String Cheese	Graham Crackers Fresh sliced Kiwi	Carrot Sticks Ranch Dressing Multi-Grain Cheerios
Week 4	Turkey Salad Clubhouse Crackers Sliced Bananas 100% Cherry Juice	Ritz Crackers Turkey Lunch meat Slices 100% Cherry Juice	Carrot Sticks Ranch Dressing Multi-Grain Cheerios	Plain Yogurt Sliced Bananas	Triscuits Apple Slices